

CV

Personal Information:

Name : *Ebtesam Ali Beshna*
Mobile : *0925462710*
Nationality : *Libyan*
Gender : *Female*
Religion : *Muslim .*
Marital status : *Married and I have two children*
E-mail : [beshnaebtesam@yahoo.com/](mailto:beshnaebtesam@yahoo.com) e.beshna@zu.edu.ly
Address : *Zawia (Libya)*
Google scholar link :
https://scholar.google.com/citations?hl=ar&user=7D5IYSMAAAAJ&view_op=list_works&sortby=pubdate

Education:

Master of science in pharmacy – University of Technology Mara (Malaysia 2011)

Language Skills:

Arabic : *Mother language.*
English : *good*

EXPERIENCE:

-As a Pharmacist in the hospital pharmacy (Zawia hospital) (1999-2003).
- As Teaching assistant in Faculty of Pharmacy, University of Zawia, (2003-2008).
-As lecturer (Department of Pharmaceutics and Pharmaceutical Industry or science) in the faculty of pharmacy (University of Zawia) (since 2011).

Courses attendance

-A course to raise the efficiency of teaching staff, (2016)

Conferences, Workshops, and Scientific Activities

**Attended various national and international conferences focused on [my field, e.g., pharmacy, medicine, healthcare].*

*Participated in multiple workshops that enhanced practical skills and professional development.

*Engaged in scientific lectures addressing recent advancements and research updates.

*Took part in awareness sessions aimed at promoting public health and community education.

PUBLICATION:

2015

M.Arhim, R. Emozogi, S.Suliman, A. Edrah, A. Gubi, AEluoz, E. Benomran, E. Beshna. (2015). PILOT STUDY FOR DETREMINATION OF BLOOD LEAD LEVELIN PRIMARY SCHOOL CHILDREN. *Int. Res. J. Pharm.* 3, 179-182.

2019

Ebtesam Beshna, Abdurraouf M.M. Khalf, Almokhtar A. Adwas, and Shukri Mohammed Alshreef. Abuse and misuse of prescription and nonprescription drugs sold in community pharmacies of Zawia, Libya.(2019). *Journal of Pharmacreations* -6(3)

Ebtesam Beshna, Bushra M. Akhaweldi, Abdurraouf M. Khalf, Mohamed Mokhtar and Abdurrahim A. Elouzi. Evaluation Breast Cancer Patients in Libya with Comparison Between Female and Male Patients. (2019). *International Journal of Pharma Sciences and Scientific Research*, 5 (3)

Mohamed Mokhtar, Abdurrahim A. Elouzi, Ebtisam Benomran and Ebtesam Beshana. Effect of Drug Loading and Plasticizer on Drug Release from Polylactic Acid Film. (2019). *Journal of Academic Research* 6(1-21)

Abdurraouf M. Khalf, Ebtisam Beshna, Ahmed M. Eshwika, Esra S. Abuzebeda, Sahmah Alkerbash, Shaban E. A. Saad, and Shukri M. Alshari. Evaluation of Pregnant Women Attitude Toward to OTC Medications Use; A cross Sectional Study Conducted in Azawia Libya. (2019) . *Lebda Medical Journal.* 6 (238-243).

2021

Abdurraouf M. Khalf, Ebtisam Beshna, Bouthina Alahresh, Shima Alekesh, Shukri M. Alsharif, Shaban, E. A. Saad, Almokhtar A. Adwas, Ahmed Eshwika. Patient counseling as a valuable approach in Pharmaceutical care, A cross sectional study in Azawia city, Libya. (2021). *Lebda Medical Journal*;7; (266-272).

2022

Ebtesam A. Beshna, Abdurraouf M. M. Khalf , Abdurrahim A. Elouzi , Daniya A. Altarhouni, Anwaar N. Ashour, Zohra A.Saria , Shahrazad A. Eteer , Jamal A. Elbakay , Samar Benzaed.

The major causes of chronic and complication kidney disease and side effect of immune suppressive medications in Zawia patients kidney translation. 2022. *Libyan J Med Res*; 16; (13-23).

Ebtesam A. Beshna ; Samah Amir ; Ramadan T. Swead ; Khoulah A. Aldoubali ; Ayah M. Ashour ; Samar Benzaed and Abdurrahim A. Elouzi. Perception, knowledge, and attitude of solar radiation diseases and use of sunscreen among Al Zawia Medical University Students in Libya. 2022. *Medical and Pharmaceutical Journal*; 1; (35-44)

2023

Ebtesam A. Beshna and Mabroukah Isharyhah. Awareness of sun exposure and use of sunscreen by the general population of western Libya. 2023. *Int. Res. J. Pharm*; 17:1-9

Ebtesam Beshna, Siham Ahmed Alwafi, and Ranya R Lazrak. Evaluation of the Quality of life of Zawia (Libya) patients undergoing hemodialysis. 2023. *Med. Pharm. J.*; 2: 4-14

Ebtesam A. Beshna, Reem A. Ashour, Najla A. Layas, and Najwa S. Eldawi. Pharmacovigilance knowledge, attitudes, and practices of pharmacists in Zawia (Libya). 2023. *Med. Pharm. J.*; 2: 99-106

Beshna, Ebtesam, Jalal Malod, and Najat Benyusef. "Assessment of the Distribution of Antibiotics without a Prescription at Community Pharmacies in Zawia, Libya." *Tikrit Journal of Pharmaceutical Sciences* 17.2 (2023): 64-71.

2024

Ebtesam A. Beshna, Wafa A. Said, Rabab A. Alahrish, Reem A. Ashour, Taqwa Mohamed, and Aisha Tatoney. "Store and cost of medicine in Libya house." *Medical and Pharmaceutical Journal* 3.1 (2024): 13-21.

IBRAHEM, Kawther M., et al. Knowledge, Principles, and Clinical Consequences of Drug Interaction: A Cross-Sectional Study in Subratha Teaching Hospital, Libya. *Medical and Pharmaceutical Journal*, 2024, 3.2: 71-81.

ELDAWI, Najwa, et al. Assessment of Helicobacter Pylori Infection by Antigen Stool Test in Al Jmail Libyan Patients. *Libyan Journal of Medical Research*, 2024, 18.2: 24-28.

MEERAH, Wafa, et al. Community Based Study: Patient's Satisfaction toward Community Pharmacy Services in Zawia City, Libya. *Libyan Journal of Medical Research*, 2024, 18.2: 76-84.

BESHNA, Ebtesam A., et al. Knowledge, Attitude, and Practice Regarding Dietary Supplements: Community Pharmacies-Based Cross-Sectional Study in Yefren, Libya. *Al Mustansiriyah Journal of Pharmaceutical Sciences*, 2024, 24.4: 443-450.

ALTUMI, Salsabil A., et al. Lifestyle Modification and Hypertension. *Clinical Research and Studies*, 2025, 4.1: 2835-2882.

2025

ABDULAZEZ, Zainab B.; KARIM, Ibrahim B.; AL, Najia. Mahdawi.,(2025), Management of Hypertension with Lifestyle. *Clinical Research and Studies*, 4.1: 2835-2882.

BESHNA, Ebtesam A.; SALEM, Marzoga R.; RAHOUMAH, Zahrah K. An Overview: The Role of Diagnostic Medical Physics in Medicine. *Clinical Research and Studies*, 2025, 4.1: 2835-2882.